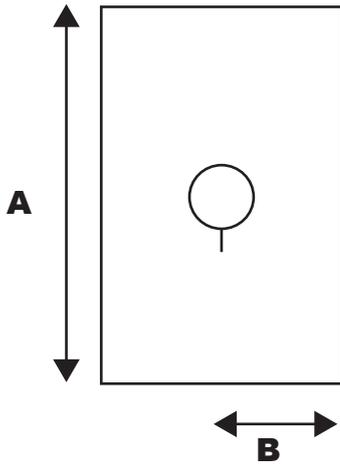




Wirhalh Skip Felagr - Basic Tunic

Main Body



Bits you Need

Add Seam / Hem allowance to all bits

Main Body

A = Top of shoulder to bottom of garment x2

For women top of foot, for men between knee and mid thigh.

B = 1/2 Waist measurement plus 2-6 inches for wiggle room

Fold in half horizontally and then fold in half length ways.

Cut a half palm sized quarter-circle from middle top corner and then a slit about 4 inches down the front of the garment. (Neck hole can be made bigger later)

Underarm gores

6-8 inches square and you need x2.

C = Top of Arm

D = Wrist

E = Length of arm (Shoulder to wrist)

Cut fabric on fold.

Cut fabric on the fold so each arm will only have one seam along the bottom.

Then just make (x2)

C = half of upper arm measurement + 1-2 inches and

D = half of wrist + 1-2 inches.

F = 10-20 inches (more for women / less for men)

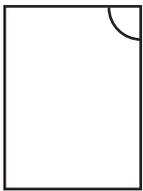
G = Top of waist to bottom hem)

Cut a rectangle of fabric G by F.

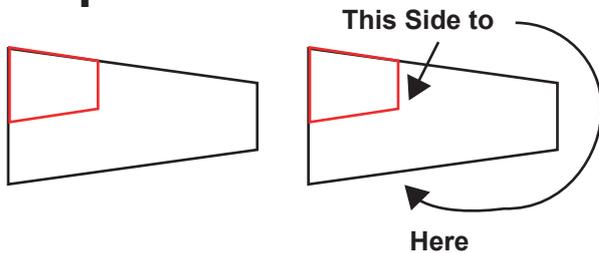
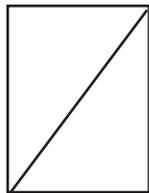
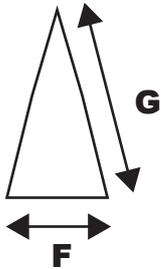
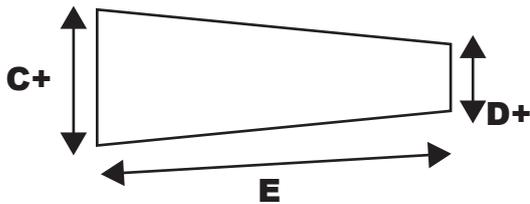
Fold in half length ways. Cut from middle corner top to bottom outer corner to get 1 gore and 2 right angled triangles (scrap).

Make x2.

Main Body



Underarm x2



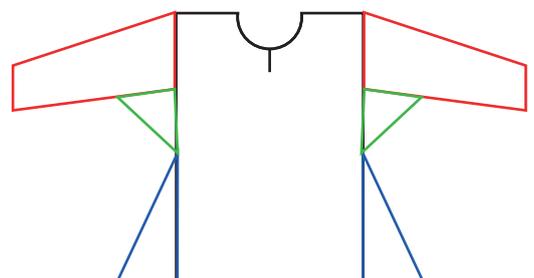
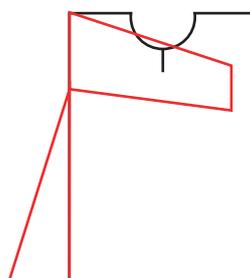
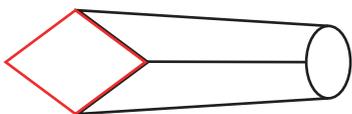
Making Up

Take 1 arm and lay flat. Pin 1 edge of underarm gore top C edge of arm.

Take next edge of gore and pin to the other side of arm. Sew up.

Pin arms into dress. Easiest ways is to turn the arms correct way round and put inside the garment. Pin around the sleeve opening pin in gores from the point and repeat on the other side. Sew everything in place.

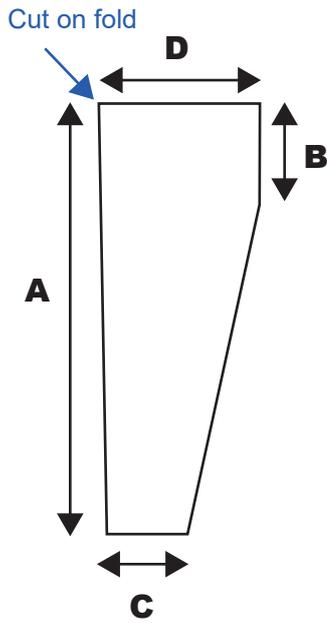
Hem sleeves, neck and bottom hem.





Wirhalh Skip Felagr - Basic Tunic

Bits you Need



Make Two

Add Seam / Hem allowance to all bits

Main Body

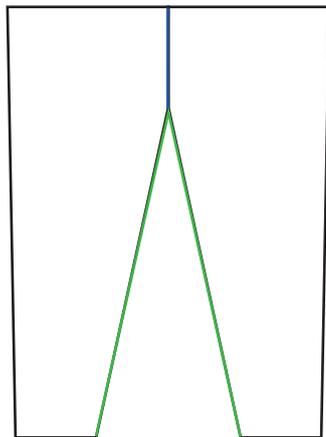
A = Length from high waist to ankles
(Where Simon Cowel wears his) + four inches for the waist band.

B = High waist to top of inseam
Plus an inch or two (especially for men). Plus the four inches for the waist band.

C = Half of ankle plus one or two inches

D = A quarter of waist or half of thigh
Whichever is bigger plus 1-2 inches

Remember: To add seam allowances.



Making Up

Sew up inside legs to bottom of **B** to make inseam

Pin the two halves together along **B** and sew up. It is easiest to pin from the middle where all 4 seams will join.



Fold over three inches for the waist band to the inside of the trousers and hand sew down, folding over half an inch to stop it from fraying.

Cut two inch holes on the inside or outside of waist band (personal preference) and hem.

Holes should be roughly two inches either side of the center seam.

